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**Post-op Instructions**

**Arestin® Periodontal Treatment**



**What is it?**

Arestin® is a bioresorbable gel containing minocycline (a tetracycline derivative) microspheres.  It has been FDA approved for treatment of gum disease.

**How does it work on gum disease?**

When placed in a periodontal pocket, Arestin® maintains a high-level of antibiotic right at the gum disease site without exposing the rest of the body to antibiotics.  This allows treatment using one-hundredth the usual pill-form dose.  It directly fights the gum disease infection for 14 days.

**How do I get the best results from my treatment with Arestin®?**

* Avoid touching the treated areas.
* Wait 12 hours after your treatment before brushing teeth.
* Wait 10 days before using floss, toothpicks, or other devices designed to clean between the treated teeth.
* Avoid foods for 1 week that could hurt your gums.
* Don’t chew gum or eat sticky foods.
* After 10 days, resume cleaning between the treated teeth on a daily basis.

Remember, you must do your part.  After your Arestin® therapy, if you don’t brush at least 2 times per day and floss every day, then any dental treatment of your gum disease will not work effectively.